



An Analysis Of Post-Traumatic Stress Disorder (PTSD) OF Main Character In “A Private War” Film

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Abstrak

Tujuan dari penelitian ini adalah untuk menganalisis gerak tubuh dan ucapan yang ditunjukkan oleh tokoh utama film tersebut yang memiliki gangguan jiwa, khususnya gangguan stres pascatrauma. Dalam analisisnya, peneliti mengambil film “A Private War” sebagai subjek penelitian ini dengan studi kasus gangguan jiwa yaitu post-traumatic stress disorder (PTSD). Peneliti menggunakan metode kualitatif dalam bentuk deskriptif yang menceritakan tentang tokoh utama (Marie Colvin), seorang jurnalis perang yang menderita gangguan jiwa setelah mengalami peristiwa traumatis saat meliput perang. Hasil penelitian ini menunjukkan gambaran 10 gerak tubuh dan 5 ucapan tokoh utama dengan gangguan stres pasca trauma yang di alami atau saksikan, diantaranya ialah peristiwa yang mengancam jiwa yang menyebabkan ketakutan, ketidakberdayaan, atau kengerian yang intens, Bertindak atau merasa seolah-olah peristiwa tersebut adalah terjadi lagi, kilas balik atau rasa menghidupkan kembali, gangguan tidur dan alkoholisme, gugup dan mudah khawatir, pernah mengalami peristiwa mengerikan, ada sesuatu yang terganggu, dan ini menyebabkan munculnya ingatan yang terkait dengan suatu peristiwa, dan Sulit mempercayai orang asing yang di temui. Peneliti berharap penelitian ini bermanfaat bagi pembaca untuk memahami gangguan jiwa, khususnya gangguan stres pascatrauma.

Abstract

The purpose of this study is to analyze the gestures and speech shown by the main character of the film who have mental disorders, especially post-traumatic stress disorder. In the analysis, the researcher took "A Private War" film as a subject of this research with a case study of mental disorders,

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namely post-traumatic stress disorder (PTSD). The researcher used qualitative method in descriptive form it tells the story of the main character (Marie Colvin), a war journalist who suffers from mental disorders after experiencing a traumatic event while covering a war. The results of this research show the description of 10 gestures and 5 speeches main character with post-traumatic stress disorder they are experiencing or witnessing a life-threatening event that causes intense fear, helplessness, or horror, Act or feel as if the event is happening again, flashbacks or a sense of reliving it, sleep disturbances and alcoholism, nervous and easily worried, having experienced terrible events, something is disturbed, and this has caused the emergence of memories associated with an event, and It is hard to believe in strangers they meet. Researcher hopes this research will be useful for readers to understand mental disorders, especially post-traumatic stress disorder.

BACKGROUND

Literature is the imaginative work that pictures the human life in society which can be enjoyed, understood, and used by the society also. The researcher writes the result of this imagination in a form of literary works. The literary work has its own definition taken from each different literature expert. According to (Pradopo, 1994:26) literary works as a description of the world and human life, the main criterion placed on literary works is "truth", or everything that researchers want to describe. Through that process, readers of their literary works can capture the characteristics of researchers related to the world around them. Literary psychology is a branch of literature that approaches literature from a psychological point of view. The readers can pay attention to the

researcher and the reader (communication psychology) or the text. According to (Hartoko and Rahmanto, 1985:126). According to Endraswara (2008: 96),

Literary psychology is the study of literature that includes works with psychological creativity. The researcher uses creativity, taste, and intention in his work. That is why there are many films that talk about mental disorders Therefore, the researcher uses "A Private War" film as a media to analysis. According to the American Psychiatric Association (1994: IV). Mental Disorders Mental behaviour associated with distress (painful symptoms) or disability (impairment of one or more areas of vital function), resulting in death, pain, disability, or significant loss of freedom, is often acceptable under certain conditions according to Karomy



(2020:56) there are 5 types of mental disorder, depressive episodes, panic disorder, post-traumatic stress disorder (PTSD), obsessive compulsive, and substance addiction psychoactive. In this research focused on post-traumatic stress disorder. The object of this research is "A Private War" film, and the main character as the subject of the analysis.

METHOD

The research is conducted by using descriptive qualitative method, According to Brikci (2007:3) Qualitative research is characterized by its aims, which relate to understanding some aspect of social life, and its methods which (in general) generate words, rather than numbers, as data for analysis. Observation and interview were the methods used to collection the data, Widoyoko (2014: 46) defines observation as "systematically observing and documenting the elements appearing in the research symptoms" and "systematically recording the elements appearing in the study symptoms." Everything exhibited is referred to as data or information, and it must be properly and totally observed and documented. According to Sugiyono (2016:317) An interview is used as data collection techniques to find problems that must be research and also if the researcher wants to know things from the respondents, more profound, In this research the researcher invited 1 interviewee namely *Priscilla Pritha Pratiwindya., M.Psi., Psikolog* her is a clinical psychologist who is considered

very capable of being an interviewee in this research because from her educational background her is a Masters graduate at Gadjah Mada University. And got a degree as a Master of Psychologist. the interviewer uses a variety of developed questions based on checklist

FINDING AND DISCUSSION

In this part of finding and discussion, the researcher just included one sample for gesture and one sample for speech that has displayed, due to limitation of page.

Gestures of the main character that has displayed

Based on data collection through observation and interviews. The gesture is explained in detail below:

FIRST GESTURE

(Sentence underlined and italicized show the gesture shown by the main character that indicate post-traumatic stress disorder).

Marie insisted on flying to Sri Lanka because there was a civil war between the Tamil Tiger militia and the government military that had not been covered by any media for years. But unfortunately, after meeting the rebel leader of the Tamil



Tigers in a village in Vanni, Marie and several rebel militias who were escorting her were caught by government patrols. Maria also took the initiative to show her identity as an American and a journalist. At that moment, an RPG (rocket-propelled grenade) exploded nearby the Strike hits Marie Colvin. (T 00:08:51).

Marie Colvin has PTSD because she experiences and exhibits symptoms such as: experiencing or witnessing a life-threatening event. As a result of the incident where Marie was hit by RPG, she felt disturbed by matters related to the battlefield, therefore she quickly became anxious when she heard a loud banging sound.

Speech of the main character that has been spoken

Based on data collection through observation and interviews. The speech has explained in detail below:

FIRST SPEECH

(The underlined and italicized dialogue shown the speech by the main character that indicate post-traumatic stress disorder)

Still, in the same scene, the conversation continues. There is a conversation where Marie feels something is disturbed, and this causes the emergence of memories related to an event in the past. Marie said

“I hate a being in a war zone” (T 00:42:34).

The result of the incident that Marie was hit by RPG made her hated the battlefield, as a result of the trauma that resulted in her losing one of her eyes, with the dialogue above it makes it clearer that the previous incident made Marie experienced an imprinted trauma.

However, not all cases of PTSD exhibit the same gestures and speeches as Marie Colvin. There are gestures and speeches that has displayed based on the traumatic events that a person has experienced, as well as speeches and gestures that will differences to each sufferer.

The relationship among psychology of literature and education

The researchers are interested in this psychological phenomenon because each person has a unique psychology. Similarly, in the educational environment, researchers will encounter various types of human nature and psychology. At the very least, researchers in an educational setting can be sensitive to each different psychological student and become more parties involved to



understand and recognize the significance of maintaining mental health.

CONCLUSION

The result of this research based on the research question to know what are the gestures and speeches shown by the main character in "A Private War" film as the characteristics she has PTSD, then from the result question the researcher found types of mental disorder is a post-traumatic stress disorder, and found as well as 10 gestures and 5 speeches are displayed by main character like the causes of Marie Colvin's PTSD can be seen through the analysis of gestures and speeches, such as being hit by an RPG attack, seeing a young girl lying in blood, seeing her comrade in arms take her life right in front of her eyes, and seeing the pieces of a human body that were accidentally buried. Marie always scared in a dark place, always have the feeling that terrible things will happen again. Always hold or touch the left eye patch. Because of a traumatic event on the battlefield, Marie Colvin always says, "I hate being in a war zone." Always fearful of death, she often says, "But I also fear dying young."

Marie Colvin's gestures and speeches revealed that he suffered from PTSD as a result of her experienced as a war journalist. It should be noted that not all PTSD sufferers exhibit the same gestures and speeches as Marie Colvin. Each PTSD patient exhibits

different gestures and speeches depending on the events they have experienced in the past. As a result, Marie Colvin's gestures and speeches cannot be used as a standard for someone suffering from PTSD.

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